



Benefits of eating local, organic foods

Cacao  Aguacate

Health



Healthy Body
Healthy Mind
Empowered Soul

Eating local and organic lets the magnificent health properties of nature to work with us. The nutrition and medicine that we require is easy to absorb.

It brings your natural state into being. Restoring your body, your system, cleansing, and building resilience for a healthy and powerful body.

Through the foods of nature and the hands that bring them together, we can experience magic and simply nourishment that we enjoy very gracefully and thrive.

“I HEAL AND RESTORE THE BODY. SUPPORTING MY NUTRITION IN EVERY LEVEL”

Communities



Wealthy Healthy Together

Our communities are benefiting while we benefit from the health of their produce and work.

It is a cycle that feeds all of us. Giving back to our producers, Local Markets and Authentic Restaurants. we are retaining much more quality, energy, wealth and a more vibrant connection that empowers individuals and societies.

“When I choose better for myself, I choose better for others.”

Earth



Animals Forests Home

We support the earth when choosing local, organic and even better, regenerative.

By knowing your source, you know the care and love that was put into. You are supporting the best Care of the animals and the health and care of the soil.

And with this you are shaping the new world.

Our sense of living just got more connected. It is what we eat that defines who we want to be.

This knowledge is as important for producers and growers, as it is for consumers. To create the best choices for us!

“Our earth receives our love and gives back to us abundantly”

The Problem

We are living in a world where many are unaware of the food they consume and the corrupted systems that are in place.

This is the beginning of a chain of problems. That reflects in our health, our connection with community and nature.

When the big corporations try to sell us their fast, processed/grown food, without transparency or even care for the health of people, animals and our earth's sustainability.

We want to show you that you have a choice.

By honoring our nature and eating local, regenerative from organic foods and markets, we make an impact in our local communities, our health and nature!

It's our devotion as a restaurant to honor this way for the life we are meant to live on earth. In Freedom, Abundance, and connection.



Thank you!



inquiries for catering and food magic:

Connect with us

cacao8aguacate.com